



# Freedom 5:one Ministries

[www.freedom5one.com](http://www.freedom5one.com)

## From Stress to Peace: The Vaughns' Journey with Financial Coaching

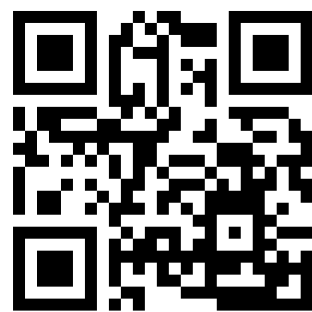
After the surprise of a third baby on the way, Katelyn and Matt Vaughn found themselves facing significant financial pressures, especially with three young children under three. A close friend from church, noticing the stress they were under, approached them with compassion. She asked, "How are you feeling about your finances?" That simple, caring question unlocked a flood of emotions for Katelyn. "I just broke down crying," she recalls. "I mean, we feel good, but we know that we can be doing better." Grateful for the suggestion, they connected with a coach through Freedom 5:one Ministries, which marked the beginning of their journey toward financial peace.

As they worked with their coaches, Katelyn and Matt found that the guidance they received was practical, meaningful, and tailored to their life. Right from the start, their coaches helped them establish goals, both immediate and long-term. One of their priorities was saving for a reliable family car after theirs broke down and, eventually, a home of their own. They also created a "God Fund," which set aside money for the purpose of giving generously whenever they felt led. "Having money set aside to give away—to support other people or help someone going on a mission trip—was something we really wanted. This fund has allowed us to be more generous," they shared. Their financial plan helped them align their budget with their values, ensuring that they could give freely without hesitation.

Above all, the Vaughns felt a new sense of unity and calm in their marriage. They had always budgeted, but working with Freedom 5:one took them from planning month-to-month to looking forward with confidence. "Our coaches gave us peace of mind," Katelyn reflects, "like, we're okay; we can do this. We don't need to be anxious about these things, because, yeah, we have a plan, and the Lord will provide." The Vaughns continue to meet their goals with a shared vision for their family's future, a steady foundation that has strengthened their relationship and set them on a purpose filled path of lifelong stewardship. See the full story by scanning the QR code.



**Katelyn and Matthew  
share their full story.  
Simply scan the QR code  
below to learn more.**



## When You Give, We Can Serve!

by Chris Haas, Executive Director

You are the behind-the-scenes hero to the families we coach! Your partnership is transforming the financial destiny of over 200 families we are coaching this year and over 800 in education classes.

Thank you for your giving that allows us to serve single moms, the poor and those who are struggling; marriages saved from divorce; and dozens of young married couples getting a great start. Take a few minutes to watch Matthew and Katelyn's story (QR Code on the front page).



Our opportunities are growing and expanding in Arkansas among the poor and in the Hispanic community, and around the world in places like Uganda, Kenya, and Mexico. But we need your help. The #1 need of our ministry is financial support. Each of our staff is responsible for raising their own ministry funds. It is critical to our ability to carry on the mission God has laid on our hearts. Every time you give, you allow us to serve a new family in need. Your support is strategic to the Great Commission (Matthew 28:19-20) because when families are healthy and generous, the church is healthy and has the resources to reach the world with the good news of Jesus Christ.

We are trusting God for Ministry Partners to join us. Would you:

1. **Consider joining the Monthly Team of one or more of our staff?**
2. **Give a generous End of the Year Gift before December 31st?**

Will you join us in 2025 as we look forward to seeing lives changed for Jesus Christ?

Handwritten signature of Chris Haas.

## Hispanic Initiative Update

by Becky Aguirre, Director of Hispanic Engagement

As part of our ongoing efforts to engage with the Hispanic community, we've partnered with several organizations to offer resources and support. One key area where we've been able to make an impact is through financial education, helping Spanish-speaking individuals gain confidence in managing their personal finances. This spring, I had the opportunity to teach two finance classes for Spanish speakers. I helped facilitate a money class as part of a parenting training program with One Community, a nonprofit that supports Hispanic parents with children in the school system. I also had the opportunity to teach an online finance workshop to a group studying to receive their GED in Spanish. We look forward to continuing these partnerships and expanding our reach, helping more people achieve financial stability and success.



**SERVING SINCE 2010**



## Raising up Financial Coaches by Tim Howington, International Director

One of the outcomes of my trip to Africa this past summer was a need to develop a class to raise up financial coaches in different parts of the world. So, I came back and designed a 12 week curriculum to do just that. This fall we had 22 coaches finish the first part of the training. From Zambia, Uganda, Kenya and the US. In the Spring, we will take the second part. Pray for us as God is identifying people and a strategy to impact the financial health of families all over the world.



## A Deeper Connection in the Workplace by T.R. Laughlin, Director of 5Keys

This year has been one of great impact for 5Keys Financial Coaching (the community outreach division of Freedom5:one Ministries ). By year-end, we will have led 17 classes in our community alone, expanding our reach and adding several new opportunities for financial education.

Midway through the year, we pivoted to partner closely with a few smaller companies, providing a series of classes that foster a deeper connection and ongoing support for blue-collar workers seeking financial guidance. We recognize three main barriers they face in seeking help: financial constraints, fear of judgment, and lack of access to practical resources. With a bridge of compassionate care, we aim to model Christian love and generosity, making financial education and coaching accessible and affordable for all.

## Progress with NWA Extra Mile by Ed Phillips, Director of NWA Extra Mile

The Extra Mile program, a peer-to-peer financial coaching initiative, is expanding its reach by connecting with community organizations where we're finding potential clients in need. With support from T. Laughlin, we've developed new partnerships with organizations he's been serving, allowing us to introduce NWA Extra Mile coaching to a wider audience.



Our approach has been to offer Extra Mile coaching after T. presents on financial strategies that empower people to make their money work for them. Following his motivating presentations, individuals are invited to participate in Extra Mile coaching, a 16-week program of weekly sessions designed to create a comprehensive financial plan for their future.

This initiative has recently been introduced to two organizations: P.E.A.R.L. (a nonprofit focused on rehabilitation) and Returning Home (a ministry for individuals re-entering society post-incarceration). We're thrilled to provide support in these spaces, where intense financial coaching can make a substantial impact.

**We're also looking for additional coaches to join us!** If you're interested, please reach out—we offer training and would love your help. Contact us at 573-825-4448.

# FALL 2024





# Freedom 5:one

## Impacting Families in 2024

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YOUR

# *Year End Giving*

MAKES A DIFFERENCE

## **Year End Giving**

Starts on Giving

Tuesday

December 3rd

**Pray**

**Give**



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